

Table 1

Maternal age years	Additional info Apgar scores at 1 and 5 minutes	Mother's words
Young mothers		
14	Normal vaginal delivery Apgar 8 and 10	I thank God so much he making me strong doing my monitoring thank for my baby life. This new program is very good even though it can be difficult at the end.
15	Vacuum for prolonged 2 nd stage. Apgar 7 and 10	My stomach was hurting me but I was listening to my baby heart sound. Your thank you.
16	Normal vaginal delivery Apgar 9 and 10	It was fine for me to listen to my own baby. The only thing that was giving me hard time was the pain
16	Normal vaginal delivery Apgar 9 and 10	I felt fine checking my baby. Thanks God for the power given me to check my baby and my baby is save.
16	Normal vaginal delivery Apgar 9 and 10	I am so happy for the power God give me to monitor my baby heart beat and thanks to the midwife and head of this program. My baby is safe and fine.
17	Normal vaginal delivery Apgar 8 and 10	The power of God is great. I was able to check my unborn baby heart beat. No problem, my baby is normal. Thank God for the power that he give me.
Babies born who were stillborn or had low Apgar scores		
21	28 contractions normal. Difficult vaginal delivery including episiotomy for breech malpresentation. Stillborn	I felt happy doing my baby heart beat. It make me to be strong. Even though my baby did not live but that is the work of God. I know every one did well.
18	Twins From 1st contraction = 160bpm/138bpm From 19th contraction=100bpm Emergency Caesarean section Twin 1 stillborn Twin 2 survived	The monitoring was hard to me because it was my first pregnancy and the pain was too much but also it help me to know what was happening my babies. Thank God for the Doctor that safe me and one of my baby's life. The monitoring did not cause me any problems.
17	Caesarean Section for obstructed labour. Apgar 5 and 7	I feel good about listening to my baby breathing while it was in my stomach. It helps me a lot because I stay long in pain but when my baby breathing pattern start to change the midwife and doctor were informed and they did what they could to help me
20	43 normal contractions Apgar 4 and 6	This program help me to remember that my child was have life even though my baby did not cry because I did not push fast but I know she will be better soon.
24	42 normal contractions Vaginal delivery Very preterm breech Apgar 1 and 2 Resuscitated at birth	The monitoring help me in labour. It never cause me any harm. I monitoring and I make that it is normal. It did not cause me any problem.
21	Quick vaginal delivery following change in FHR. Apgar 3 and 5	I see the monitoring to be very good. It was a great experience to have my baby monitor. It help me because I knew my baby was living and I will carry my baby home. It don't cause any problem for me.
28	Normal vaginal delivery with episiotomy.	I thankful to God for the monitoring it help me. I listen to my unborn baby heart beat it make

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	Apgar 3 and 6	me happy and I have my baby with me even though my baby did not cry right away but I saw my baby on the baby ward and he is doing well
21	34 contractions monitored but no changes. Vacuum delivery by obstetric clinicians as unable to push out the baby. Apgar 3 and 5 Resuscitated for 15 minutes.	I have to say thank God for my baby life and myself because I was not able to push my own baby. Yes, the monitor make the people to know about me. Thank my sister
18	Normal but difficult vaginal delivery. 35 contractions monitored but no changes identified. Apgar 3 and 5 Resuscitated for 30 minutes.	The monitoring was good. It help me with my labour because I am alive. It did not cause any problem for me. The only problem is my baby was born and did not cry but I thank God for our life. The people really help me during the process. I was monitoring the baby heart beat until I born he.
19	Normal vaginal delivery. At 37th contraction FHR was 116bpm. Given oxygen therapy and quick delivery was done. Resuscitated for 10 minutes. Apgar 3 and 6	My sister the monitoring was good because I was able to monitor my own baby heart beat to know the good heart beat and the bad heart beat. This monitoring did not cause any problem for me and my baby. It help to save my baby.
Supportive role of midwives and nurses		
16	Normal vaginal delivery Apgar 8 and 10	I thank God for the mid wife and the cares that they give me that make to know how to check my baby heart beat. My baby and I are doing good.
18	Normal vaginal delivery Apgar 8 and 10	It was fine doing this but I was very uncomfortable. I continue it because you was talking to me
24	Normal vaginal delivery Apgar 9 and 10	It hard to do because the pain not easy my stomach was hurting bad way but since you talking to me that why I do it. But it not bad that good thing.
29	Normal vaginal delivery Apgar 8 and 10	During my labour I was told to do my baby heart beat I was able to listen to the midwife and i have my baby with me. Thank God I was able with all the pain
32	Caesarean Section Apgar 9 and 10	I enjoy the monitoring, it was fine at first but there was too much pain for me. I tell the midwife. Thank all I have my baby with me
35	Normal vaginal delivery Apgar 8 and 10	Many thanks to the midwives for listening to me they provide care for me. The monitoring was good it help me feel closer to my baby