



# THE UNIVERSITY of EDINBURGH

## TESTING STATION Resuscitation at Birth

### Testing Objectives

To ensure that the candidate can safely and effectively perform assessment and resuscitation of a newly born infant.

### Equipment

Resusci babe manikin  
Bag mask 250 and 500 ml  
Masks suitable for normal birthweight and low birth weight babies  
Stethoscope  
Blanket//Towels  
Oropharyngeal airway  
Clock

### Environment

Lay out the manikin so easily accessible from all directions.

### Standards

Testing is carried out according to the testing sheet shown below. Candidates must achieve the correct sequence in a timely fashion

They must show the correct use of the Bag Mask equipment and show an understanding of the need to ensure an open airway and give effective ventilations

**Resuscitation at Birth**  
**MARKING SHEET**

Candidate Name: \_\_\_\_\_ Facility/Hospital \_\_\_\_\_ Date \_\_\_\_\_

Actions in sequence	Pass or Fail
Dry and cover infant	
Assess colour, tone, breathing, heart rate	
<b>Airway opening manoeuvres</b>	
Position, chin lift, jaw thrust	
Oropharyngeal airway	
Role of suction	
<b>Breathing actions</b>	
Attempt 5 inflation breaths using Bag Mask with correct mask size	
Confirm response by chest movement	
Check heart rate using stethoscope (HR 100 +)	
Continue ventilations breaths if needed	
Two person technique	
<b>Cardiac actions</b>	
If heart rate 60/minute or less	
Three chest compressions to one breath	
Adrenaline dose	
<b>After recovery</b>	
When infant breathing normally	
Ensure infant is warm, give to mother for skin to skin	
<b>When to stop resuscitation</b>	

PASS/FAIL/RETEST (circle applicable result)

Signed: \_\_\_\_\_