



**MCAI** | Maternal & Childhealth  
Advocacy International

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## **October 2020-23 Training plan for year 1 to 3 for 9 new obstetric clinician trainees (4 at Redemption and 5 CB Dunbar hospitals).**

There will be at least one day a week of protected classroom-based teaching time for our trainees at CB Dunbar and Redemption Hospitals. On the night before these selected teaching days the trainees involved should not have been on-call as this would make them too tired to learn properly.

This means that from 0900 to 1700 hours on the protected day, each of the trainees assigned to these two hospitals should be engaged in training for the whole day apart from a 1 hour's lunch break and a 30 minutes break during the morning and the afternoon of the protected day.

During the protected day, there will be, locally based training focusing each week on different subjects undertaken by Dr King and Dr Goya based in each of the two training hospitals (Redemption and CB Dunbar Hospitals).

In addition, there will be separate tutorials undertaken using the "Go to Meeting" audio visual system from the UK by experts in advanced obstetrics (Dr Casement, Dr Watson, Dr Hayden, Dr Hinshaw and Professor Southall). These distance learning-based tutorials will **occur at the beginning of each training day** and be followed by a written examination covering the previous week's tutorial.

In the subsequent week there will be feedback by audiovisual conference on the results of the examinations undertaken the previous week.

Between tutorials (local and UK based) the trainees will study the subjects listed within the programme provided below using the MCAI obstetric handbook and videos and papers from the E Library on their Chromebook Computers.

During the UK originating tutorials and follow up to examinations at Redemption and CB Dunbar Hospitals, the MCAI programme managers (Amos Davis for Redemption Hospital and Jeremiah Akoi for CB Dunbar Hospital) will be with the trainees (using the MCAI MacBooks) to ensure that the technology works. He will also invigilate the examinations.

***Can I suggest that the training days be as follows: Tuesday for Redemption Hospital (based in Redemption Hospital), and for CH Thursday for CB Dunbar Hospital. This means that the trainees at Redemption will not be on-call night duty on Monday nights and those at CB Dunbar will not be on-call duty on Wednesday nights.***

### **Outline plan for training**

The training day will begin with a 1 to 2 hour of assigned joint study by distance learning audiovisual input by internet from the trainer from the UK and the obstetric clinician trainees using the MCAI handbook. This will cover the topics to be discussed in the tutorials for that particular day. It is also recommended that trainees read about the subject in advance at home (homework).

Amos Davis will provide the audiovisual system and invigilate the exams for Redemption and Jeremiah Akoi will do the same for CB Dunbar Hospital.

Following the audiovisual distance learning on the training day there will a 1 to 1.5 hour written invigilated examination based on the previous week's learning. During this examination, which will provide material for the MOH and LBNM, the trainees must not have access to their mobile phones which should be temporarily looked after by Amos and Jeremiah. There must be no discussion between trainees during the examinations.

The results of each week's examination will be feedback to the trainees during the next week's session.

Each tutorial will be accompanied by power-point presentations and videos which are outlined below for each protected training day. These videos and power-point presentations are located in the E Library on the Chromebooks and should again be studied as homework before the training day begins so that the trainee is already well prepared for each tutorial.

There is a total of 2 x 2 week holidays plus individual Christmas/New year days

### Plan for each training day at both Hospitals

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 1 begins 26 <sup>th</sup> October 2020	Diane Tuesday Maire Thursday	Safe blood transfusion and Triage	C5 C4	
Week 2 begins 2 <sup>nd</sup> November 2020	Vani Tuesday Maire Thursday	Antenatal care and the hospital Nursing pregnant women and girls in hospital	A1 and A2	Focused AN care D43 ** Food for life D44* Warning signs pregnancy D97** Preparing birth room G70 ** The birthing process G88** Vaginal exam in labour J94** How to plan pregnancy D50* Teenage pregnancy A109*
Week 3 begins 9 <sup>th</sup> November 2020	Vani Tuesday Maire Thursday	Managing normal labour and delivery (part 1: partograph, )	A3	Giving good care in labour G46** How to use partograph G51 ** Initial assessment in labour G56** Respectful maternity care G115** Position of baby in labour G90**
Week 4 begins 16 <sup>th</sup> November 2020	David Tuesday Maire Thursday	Managing normal labour and delivery (part 2) First stage and induction (include ARM oxytocin)	A3 and A4	Foley catheter induction G122 * Augmenting with oxytocin G142**
Week 5 begins 23 <sup>rd</sup> November 2020	David Tuesday Maire Thursday	Managing normal labour and delivery (part 3) Second and third stage	A3, A4 and A5	Examining placenta G40** Managing 2 <sup>nd</sup> stage G61*** Managing 3 <sup>rd</sup> stage G62*** Immediate care after birth G55*** Manual removal placenta J63** Manual removal placenta J64*** Preventing tears during birth G135 *** Danger signs after birth G131*** Helping breast feed G49*
Week 6 begins 30 <sup>th</sup> November 2020	David Tuesday Maire Thursday	Basic and Comprehensive Emergency Obstetric Care  Infection control	C1 and C3	Handwashing J47** and J48** Preventing infection at birth G71**
Week 7 begins 7 <sup>th</sup> December 2020	Vani Tuesday Kim Thursday	Structured approach to emergencies in pregnancy	C2 and C8	Jaw thrust pregnancy B57** Are you alright, look listen feel B16**
Week 8 begins 14 <sup>th</sup> December 2020	Diane Tuesday Maire Thursday	Shock in pregnancy or the puerperium	C6	Shock treated by obstetric clinician A5** NASG in shock J67** Antishock garment J141 **
21 <sup>st</sup> December 2020	<b>Christmas break</b>			

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
28 <sup>th</sup> December 2020	<b>Christmas Break</b>			
Week 9 begins 4 <sup>th</sup> January	David Maire	Severe anaemia Sickle cell disease	A+1	
Week 10 begins 11 <sup>th</sup> January 2021	David Maire	Ruptured ectopic pregnancy	A+6	Ruptured ectopic pregnancy H76**
Week 11 begins 18 January 2021	David Kim Thursday	Miscarriage	A+7 and A+8	
Week 12 begins 25 <sup>th</sup> January 2021	David Kim Thursday	Antepartum haemorrhage 1	A+9	Antepartum Haemorrhage Couvelaire uterus H15**
Week 13 begins 1 <sup>st</sup> February 2021	David Maire	Antepartum haemorrhage 2	A+9 and A+10	
Week 14 begins 8 <sup>th</sup> February 2021	David Maire	Postpartum haemorrhage number 1	A+11	Condom uterine tamponade UNICEF J92** , Condom uterine tamponade India J6** , Condom uterine tamponade J29* Massive PPH Glowm H65** Prevention, management PPH MAF H72** Prevention management PPH Pathfinder H111* Setting up condom catheter MCAI J78** Aortic compression J132**
Week 15 begins 15 <sup>th</sup> February 2021	<del>Kim Thursday</del> (Kim now doing 4 <sup>th</sup> March) David Maire	Postpartum haemorrhage number 2	A+11 and A+12	Simulated Massive obstetric haemorrhage H83 ** Addressing PPH in Africa H117* Bleeding after birth GHM H129 *
Week 16 begins 22 <sup>nd</sup> February 2021	David Kim Thursday	Hypertension during pregnancy, pre-eclampsia and eclampsia (part 1)	A+13	Hypertension, preeclampsia and eclampsia I54** Taking BP GHM I139** How to use a cradle BP monitor I144** Severe preeclampsia GHM I137** Simulated eclampsia I82**
Week 17 begins 1 <sup>st</sup> March 2021	David Kim Thursday	Hypertension during pregnancy, pre-eclampsia and eclampsia (part 2)	A+13	Eclampsia with warning I36** Recovery from eclampsia I 73** Simulated eclampsia Warning I82** Exaggerated reflexes in severe pre-eclampsia C108 **

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 18 begins 8 <sup>th</sup> March 2021	Vani Maire	Prolonged and obstructed labour	A+3	The position of baby in labour GHM G90** Prolonged labour GHM G136** Training in fistula management MAF J11**
Week 19 begins 15 <sup>th</sup> March 2021	David Maire	Ruptured uterus	A+4	
Week 20 begins 22 <sup>nd</sup> March 2021	David Kim Hinshaw Thursday	Shoulder dystocia	A+5	Rubin 2 K75** Shoulder dystocia K Hinshaw K79** Shoulder dystocia manikin K80*** Shoulder dystocia McRoberts K81* Suprapubic pressure K85** Woods screw K99** Delivering posterior arm K33** Delivering posterior arm in all 4s K34** Prompt shoulder dystocia training K110** Stuck shoulders GHM K138**
Week begins 29 <sup>th</sup> March 2021	Holiday for trainees			
Week begins 5 <sup>th</sup> April	Holiday for trainees			
Week 21 begins 12 April 2021	Tuesday David or Diane  Thursday Maire	Puerperal sepsis	A+14	Immediate care after birth GHM G55** Preventing infection at birth GHM G71** Uterine infection GHM G143** Intravenous antibiotics MAF **
Week 22 begins 19th April 2021	Tuesday David or Diane  Thursday Maire	Pulmonary embolus Amniotic fluid embolus	A+15 and A+16	
Week 23 begins 26th April 2021	Tuesday David or Diane  Thursday Maire	Reduced fetal movements, intrauterine death and stillbirth	A+18	Birth asphyxia MTMH ** Ending stillbirth Lancet A38** One girl two lives A68**

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 24 begins 3 <sup>rd</sup> May 2021	Vani Tuesday Maire Thursday	Fetal distress during labour Fetal monitoring by mothers	BMC and WHO Bulletin papers A+19	Audit obstetric cases 1 and 2 A17* and A18* Fetal heart rate monitoring Baby Lifeline J42** Listening to FHR during labour GHM G124**
Week 25 begins 10 <sup>th</sup> May 2021	Tuesday David or Diane Thursday Maire	Multiple births	A+21	Assisting birth of twins GHM ***
Week 26 begins 17 <sup>th</sup> May 2021	Tuesday David or Diane Thursday Maire	Mal-presentations and mal-positions	A+22	
Week 27 begins 24 <sup>th</sup> May 2021	Tuesday David or Diane Thursday Maire	Breech delivery including external cephalic version	A+23	Breech delivery with manikin E20*** External cephalic version E41*** Vaginal breech delivery Lovset E93** Breech delivery of head Baby Lifeline E19** Breech Caesarean section E21* Breech GHM E140**
Week 28 begins 31 <sup>st</sup> May 2021	Tuesday David or Diane Thursday Maire	Preterm pre-labour rupture of membranes	A+24	
Week 29 begins 7 <sup>th</sup> June 2021	Tuesday David or Diane Thursday Maire	Prolapsed cord Cord around neck	A+25	Cord prolapse simulation Baby Lifeline J30** Cord around neck GHM G130 **
Week 30 begins 14 <sup>th</sup> June 2021	Tuesday David or Diane Thursday Maire	Pelvic and pregnancy anatomy	E11	Pelvic anatomy C10* Anatomy and physiology C13* Anatomy review C14*
Week 31 begins 21 <sup>st</sup> June 2021	Tuesday David or Diane Thursday Maire	Fetal anatomy	E11	
Week 32 begins 28 <sup>th</sup> June 2021	Tuesday David or Diane Thursday Maire	PHYSIOLOGY 1 Basic cell biology, blood and related, kidney function, liver function		
Week 33 begins 5 <sup>th</sup> July 2021	Tuesday David or Diane Thursday Maire	PHYSIOLOGY 2 Cardiac Respiratory GI tract Circulation		Respiratory physiology ventilation C2** Blood gas transport C3** Abnormal breath sounds C147***
Week 34 begins 12 <sup>th</sup> July 2021	Tuesday David or Diane Thursday Maire	Inverted uterus Hyperemesis gravidarum	A+26 and A+27	
Week 35 begins 19 <sup>th</sup> July 2021	Tuesday Diane Thursday Diane Maire occupied	Reduced consciousness and coma in pregnancy	B5	

<b>Date of each training day</b>	<b>Audio visual training undertaken by:</b>	<b>Contents of training</b>	<b>Reference pages in handbook</b>	<b>Reference in E library videos and power-point presentations</b>
Week 36 begins 26th July 2021	Tuesday David or Diane  Thursday Maire	Heart problems during pregnancy and delivery	B1	Abnormal breath sounds C147***
Week 37 begins 2 <sup>nd</sup> August 2021	Tuesday David or Diane  Thursday Maire	Asthma in pregnancy Pneumonia in pregnancy	B2	Abnormal breath sounds C147***
Week 38 begins 9 <sup>th</sup> August 2021	Tuesday David or Diane  Thursday Maire	Anaphylaxis in pregnancy	B3	
Week 39 begins 16 <sup>th</sup> August 2021	Tuesday David or Diane  Thursday Maire	Diabetes in pregnancy and delivery	B4	
Holiday begins 23 <sup>rd</sup> August 2021	<b>Holiday</b>			
Holiday week begins 30 <sup>th</sup> August 2021	<b>Holiday</b>			
Week 40 begins 6 <sup>th</sup> September 2021	Tuesday  Thursday	Severe gastro-enteritis in pregnancy	B7	
Week 41 begins 13 <sup>th</sup> September 2021 Maire away	Tuesday Kim Hinshaw Thursday	Major trauma in pregnancy	D1	Landmarks chest drain pregnancy B59* Major trauma manikin simulation B60
Week 42 begins 20 <sup>th</sup> September 2021 M away	Dr Watson Tuesday and Brigid Thursday	Major Trauma in pregnancy part 2	D1	
Week 43 begins 27 <sup>th</sup> September 2021 M away	Tuesday Dr Watson Thursday Dr Brigid	Burns in pregnancy	D2	
Week 44 begins 4 <sup>th</sup> October 2021	Tuesday  Thursday	Pregnancy related mental illness	A+28	Mental health gap action Uganda A119**

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
11 <sup>th</sup> October				
18 <sup>th</sup> October				
Week 45 begins 25 <sup>th</sup> October 2021	Tuesday Dr Brigid  Thursday Dr Casement	Intimate partner violence FGM	A+30  A+29	Stop violence before it starts A118***
Weeks 46 begins 1 <sup>st</sup> November 2021	Tuesday  Thursday	Acute appendicitis in pregnancy Cystitis and pyelonephritis	B9 and B11	
Week 47 begins 8 <sup>th</sup> November 2021	Tuesday  Thursday	TB in pregnancy Syphilis in pregnancy	B10 and B13	
Week 48 begins 15 <sup>th</sup> November 2021	Tuesday  Thursday	Varicella zoster in pregnancy	B12	
Week 49 begins 22 <sup>nd</sup> November 2021	Tuesday  Thursday	HIV in pregnancy and during and after delivery	B15	
Week 50 begins 29 <sup>th</sup> November 2021	Tuesday  Thursday	Vacuum delivery	E3	Ventouse Baby Lifeline parts 1 and 2 J95** and J96** Vacuum extraction WHO J102** Kiwi vacuum delivery J58 *
Week 51 begins 6 <sup>th</sup> December 2021	Tuesday  Thursday YES Kim can do	Forceps delivery  Symphiotomy	E4 and E9	Forceps delivery Canada J7** Forceps MCAI J45 **  Symphiotomy Baby Lifeline J86 **

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 52 begins 13 <sup>th</sup> December 2021	Tuesday  Thursday	Caesarean section and VBAC	E5 and E6	Caesarean section triplets MCAI **F22 Caesarean section MAF/MCAI 6 modules *** F23, F24, F25, F26, F27,F28 Difficult Caesarean section S. Africa NCCEMD J35*** Emergency CS obstructed labour MCAI J37* WHO Caesarean section surgical technique J100*** WHO safe surgery checklist J101**
20 <sup>th</sup> December 2021	Christmas Holidays			
27 <sup>th</sup> December 2021	Christmas Holidays			
Week 53 begins 3 <sup>rd</sup> January 2022	Tuesday  Thursday Brigid	Post operative monitoring	End of E5	
Week 54 begins 10 <sup>th</sup> January 2022	Tuesday Maire  Thursday Brigid	Destructive procedures	E10	Craniotomy MCAI J31**
Week 55 begins 17 <sup>th</sup> January 2022	Tuesday Brigid  Thursday Maire	Episiotomy  Cervical tears	E7 and A+12	Emergency episiotomy GHM J123** Episiotomy procedure MCAI J39*** Episiotomy repair MCAI J74 **  Exam needed Maire
Week 56 begins 24 <sup>th</sup> January				



Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 57 begins 31 <sup>st</sup> January 2022	Tuesday Maire  Thursday Kim	Emergency obstetric hysterectomy part 1	E11	Caesarean hysterectomy Placenta accreta J9** Abdominal hysterectomy J12** <b>Exam needed Brigid</b>
Week 58 begins 7 <sup>th</sup> February 2022	Tuesday David  Thursday Maire	Updates to the obstetric handbook		<b>Document to be added to handbooks after printing by Amos</b>
Week 59 begins 14 <sup>th</sup> February	Dr Watson Both Tuesday and Thursday	Introduction to anaesthesia and pain control for obstetric patients	C7	<b>Exam done needs marking</b>
Week 60 begins 21 <sup>st</sup> February 2022	Tuesday Diane  Thursday Kim Human factors (no exam)	Vascular access for emergencies during pregnancy Nasogastric tube insertion Urethral catheterisation	E13 E14	Inserting an IV cannula B121** External jugular vein cannula J142** EZIO Intraosseous needle Vidacare J143** Urethral catheter GHM J133** <b>Exam done Diane</b>
Week 61 begins 28 <sup>th</sup> February 2022	Tuesday Brigid  Thursday David	Human factors in emergency obstetric care (no exam)  Vascular access for emergencies during pregnancy Nasogastric tube insertion Urethral catheterisation		<b>See Diane's summary and videos</b>  <b>Exam done Diane</b>
Week 62 begins 7 <sup>th</sup> March 2022	Tuesday Diane  Thursday Maire	Severe malaria in pregnancy	B8	<b>No exam needed</b> <b>Additional material needs distribution</b>
Week 63 begins 14 <sup>th</sup> March	Tuesday Diane  Thursday Brigid and David	Sickle cell anaemia in pregnancy	B16	
Week 64 begins 17 <sup>th</sup> 21 <sup>st</sup> March 2022	Tuesday Brigid  Thursday Maire	Basic and advanced life support and CPR in pregnancy	C9	Dead mums don't cry A32***

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and powerpoint presentations
Week 65 begins 28 <sup>th</sup> March 2022	Tuesday Brigid  Thursday Maire	Guidelines re safe drug and fluid administration	C10	Giving IV fluids GHM J125** Exam done Brigid. Marked DS Tuesday
Week 65 begins 4 <sup>th</sup> April 2022	Tuesday Brigid  Thursday NO STUDENTS due to MOH register	Poisoning in pregnancy	D3	
Week 66 begins 11 <sup>th</sup> April 2022	Tuesday NO STUDENTS due to MOH register  <b>Thursday Kim</b>	Emergency hysterectomy	E11	<b>Exam needed Brigid</b>
Week 67 begins 18 <sup>th</sup> April 2022	Tuesday Diane  Thursday Diane	Anaesthesia in pregnancy	Special Powerpoint	
Week 56 begins 25 <sup>th</sup> April 2022	Tuesday Diane  Thursday Maire	Neonatal resuscitation	A+20	Neonatal resuscitation MAF and MCAI LN45***
Week 69 begins 2 <sup>nd</sup> May 2022	Tuesday Maire  Thursday Brigid	Major perineal tears and prevention fistula	E8	Preventing tears during childbirth GHM G135** Repairing a labial tear GHM J126* Basic suturing GHM J128** Evaluating tears after childbirth GHM J124**
Week 70 begins 9 <sup>th</sup> May 2022		Episiotomy and cervical tears	A+12 and E7	
Week begins 16 <sup>th</sup> May 2022	David	Preventing maternal mortality	C1, C4, C9	My sister myself British Council A120** Saving mothers' lives Imperial College A116** Dead mothers don't cry Panorama A32** You have the power A106 *** Heroines of health A105** <b>Exam on episiotomy and cervical tear repair</b>

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 70 beginning 23rd May 2022	Tuesday Maire  Thursday Brigid	Esther and John <b>Incomplete miscarriage or septic abortion case</b> they have personally managed  Rachel and Jestina <b>Incomplete miscarriage or septic abortion case</b> personally managed	A+7	<b>Exam on Emergency obstetric hysterectomy</b> Undertaken and both passed their presentations  Undertaken and both passed their presentations
28 <sup>th</sup> May Holiday begins	Holiday week 1			
12 <sup>th</sup> June Holiday ends	Holiday week 2			
Week 71 beginning 13 <sup>th</sup> June 2022	Tuesday Diane  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> PPH case they have personally managed  <b>Koffa and Garmai</b> PPH case personally	A+11	Undertaken and all passed their presentations  Undertaken and both passed their presentations
Week 72 begins 20 <sup>th</sup> June 2022	Tuesday Maire  Thursday Brigid	<b>Esther and John</b> Eclampsia case personally managed  <b>Rachel and Jestina</b> Major APH case personally managed	A+13  A+9	Undertaken and all passed their presentations  Undertaken and both passed their presentations
Week 73 begins 27 <sup>th</sup> June	Tuesday Maire  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> Obstructed labour case including CS  <b>Koffa and Garmai</b> Obstructed labour case	A+3	Undertaken and all 3 passed their presentations  Undertaken and both passed their presentations
Week 74 begins 4 <sup>th</sup> July	Tuesday Brigid  Thursday Maire	<b>Esther and John</b> Major APH case personally managed  <b>Rachel and Jestina</b> Eclampsia case personally managed	A+9  A+13	Undertaken and both passed their presentations  Undertaken and both passed their presentations
Week 75 begins 11 <sup>th</sup> July	Tuesday David  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> Twin case personally managed  <b>Koffa and Garmai</b> Twins personally managed	A+21	Undertaken and all 3 passed their presentations  Undertaken and both passed their presentations

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week 76 begins 18 <sup>th</sup> July	Tuesday Brigid  Thursday David	<b>Esther and John</b> Vaginal breech delivery personally managed <b>Rachel and Jestina</b> Twins personally managed	A+23	Undertaken and both passed their presentations  Undertaken and both passed their presentations
Week 77 begins 25 <sup>th</sup> July	FRIDAY Maire  Thursday David	<b>Lewis, Sonie and Wisdom</b> PPROM personally managed <b>Koffa and Garmai</b> PPROM personally managed	A+24	Undertaken and all 3 passed their presentations  Undertaken and both passed their presentations
Week 78 begins 1 <sup>ST</sup> August	Tuesday Maire  Thursday David	<b>Esther and John</b> Shoulder dystocia managed personally  <b>Rachel and Jestina</b> Shoulder dystocia managed personally	A+5	Undertaken and both passed their presentations  Undertaken and both passed their presentations
Week begins 8 <sup>th</sup> August	Tuesday Diane  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> Shoulder dystocia personally managed <b>Koffa and Garmai</b> Shoulder dystocia personally managed	A+5	Undertaken and all 3 passed their presentations  Undertaken and both passed their presentations
Week begins 15 <sup>th</sup> August	Tuesday Brigid  Thursday Maire	<b>Esther and John</b> Ruptured uterus managed personally  <b>Rachel and Jestina</b> Ruptured uterus managed personally	A+4	Undertaken and both passed their presentations  Undertaken and both passed their presentations
Week beginning 22 <sup>nd</sup> August	Tuesday Maire  Thursday David	<b>Lewis, Sonie and Wisdom</b> Ruptured uterus personally managed <b>Koffa and Garmai</b> Ruptured uterus personally managed	A+4	Undertaken and all 3 passed their presentations  Undertaken and both passed their presentations
Week beginning 29 <sup>th</sup> August	Tuesday Brigid  Thursday David	<b>Esther and John</b> Reduced fetal movements and IUFD managed <b>Rachel and Jestina</b> Reduced fetal movements and IUFD managed	A+18	Undertaken and both passed their presentations  Undertaken and both passed their presentations
Week beginning 5 <sup>th</sup> September	Tuesday Diane  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> Reduced fetal movements and IUFD <b>Koffa and Garmai</b> Reduced fetal movements and IUFD	A+18	

<b>Date of each training day</b>	<b>Audio visual training undertaken by:</b>	<b>Contents of training</b>	<b>Reference pages in handbook</b>	<b>Reference in E library videos and power-point presentations</b>
Week beginning 12 <sup>th</sup> September	Tuesday Brigid  Thursday Maire	<b>Esther and John</b> Fetal distress and its management  <b>Rachel and Jestina</b> Reduced fetal movements and IUFD	A+19	
Week beginning 19 <sup>th</sup> September	Tuesday Maire  Thursday Diane	<b>Lewis, Sonie and Wisdom</b> Fetal distress and its management <b>Koffa and Garmai</b> Fetal distress and its management	A+19	
Week beginning 26 <sup>th</sup> September	Tuesday Maire  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> <b>Incomplete miscarriage or septic abortion case</b> they have personally managed  <b>Koffa and Garmai</b> <b>Incomplete miscarriage or septic abortion case</b> personally managed	A+7	
Week beginning 3 <sup>rd</sup> October	Tuesday Diane  Thursday Maire	<b>Esther, John,</b> Major PPH  <b>Koffa, Garmai</b> Major PPH		
Week beginning 10 <sup>th</sup> October	Tuesday Diane  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> Eclampsia  <b>Koffa, Garmai</b> Eclampsia		
Week beginning 17 <sup>th</sup> October	Tuesday Maire  Thursday Brigid	<b>Lewis, Sonie and Wisdom</b> APH  <b>Koffa, Garmai</b> APH		

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week beginning 24 <sup>th</sup> October	<p>End of second year OSCE. Verbal and written components</p> <p>Verbal BY ZOOM</p> <p>Tuesday 25<sup>th</sup> morning Redemption: AMOS DIANE, BRIGID AND MAIRE DR HARRIS</p> <p>Tuesday 25<sup>th</sup> afternoon CB Dunbar: JEREMIAH DIANE, MAIRE AND BRIGID DR MARSALLAY</p> <p>Written</p> <p>Monday all day Redemption AMOS and CB Dunbar Jeremiah DS to provide</p>			
Week beginning 16 <sup>th</sup> January 2023	<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of a case of severe preeclampsia at Redemption. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Koffa and Garmai</b> will present on the management of severe preeclampsia. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>			
Week beginning 23 <sup>rd</sup> January 2023	<p>This week <b>Esther and John</b> will present on the management of a case of severe preeclampsia at Redemption. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Rachel and Jestina</b> will present on the management of severe preeclampsia. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>			
Week beginning 30 <sup>th</sup> January 2023	<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of a case of PPH following delivery of the placenta which was complete at Redemption. INTERNATIONAL TUTOR IS DR DIANE WATSON</p> <p><b>Koffa and Garmai</b> will present on the management of a case of PPH following delivery of the placenta which was complete. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>			
Week beginning 6 <sup>th</sup> February 2023	<p>This week <b>Esther and John</b> will present on the management of a case of PPH following delivery of the placenta which was complete at Redemption. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Rachel and Jestina</b> will present on the management of a case of PPH following delivery of the placenta which was complete. INTERNATIONAL TUTOR IS PROF DAVID SOUTHALL</p>			

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week beginning 13 <sup>th</sup> February 2023		<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of a case of vaginal breech delivery first identified at 38 weeks' gestation in an antenatal clinic. The mother is G3 P2 and there is as yet no signs of labour at Redemption. Describe how you would manage this patient until she has delivered her baby including external cephalic version which although carefully undertaken is unsuccessful. Describe exactly how you would manage the subsequent vaginal breech delivery. Unfortunately, because the fetus continues to present as a breech when she goes into labour there is subsequently the not uncommon complication that the fetal head gets stuck during vaginal breech delivery and the fetal heart rate is varying from 90 to 110 bpm following each contraction. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN.</p> <p><b>Koffa and Garmai</b> will present on the management of the same case described above as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 20 <sup>th</sup> February 2023		<p>This week <b>Esther and John</b> will present on the management of the case of the breech malpresentation described above. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Rachel and Jestina</b> will present on the management of the case of the breech malpresentation described above. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 27 <sup>th</sup> February 2023		<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of a case of twins presenting in labour at term In a primigravid mother. Describe how you would manage this patient until she has delivered her first baby and then how you would ensure safe delivery of the second twin who is in the transverse position. which although carefully undertaken is unsuccessful. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN.</p> <p><b>Koffa and Garmai</b> will present on the management of the same case described above as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 6 <sup>th</sup> March 2023		<p>This week <b>Esther and John</b> will present on the management of the case of twins described above. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Rachel and Jestina</b> will present on the management of the case of twins described above. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 13 <sup>th</sup> March 2023		<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of the following patient:</p> <p><b>A primigravida presents in active labour, having had no antenatal care, and saying that she is 9 months pregnant.</b>  <b>The fundal height is 34cm.</b>  <b>The cervix is fully dilated, with fresh meconium present.</b>  <b>The vertex is at +1 to the spines.</b>  <b>The fetal heart rate is 120 beats per minute, with deep decelerations after each contraction.</b>  INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>Koffa and Garmai</b> will present on the management of the same case described above (FETAL DISTRESS) as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS PROF DAVID SOUTHALL</p>		

Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week beginning 20 <sup>th</sup> March 2023	This week <b>Esther and John</b> will present on the management of the case described above. INTERNATIONAL TUTOR IS DR BRIGID HAYDEN  <b>Rachel and Jestina</b> will present on the management of the case of the patient described above. INTERNATIONAL TUTOR IS DR DIANE WATSON			
Week beginning 27 <sup>th</sup> March 2023	Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns. This week <b>Lewis, Sonie and Wisdom</b> will present on the management of the following patient:  A woman attends the clinic, complaining of chest pain and a swollen leg. She had a normal vaginal delivery of her 4th baby 10 days previously, following an uneventful pregnancy and labour. On examination, there is reduced air entry on the left of her chest, and her left lower leg is swollen, red and tender. How do you manage this patient?  INTERNATIONAL TUTOR IS DR BRIGID HAYDEN  <b>Koffa and Garmai</b> will present on the management of the same case described above as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS DR DIANE WATSON			
Tuesday 4 <sup>th</sup> April at 1330 Liberian time 1430 UK time	<b>Redemption Trainees</b> Emergency obstetric hysterectomy: <b>part 1</b>  INTERNATIONAL TUTOR IS DR KIM HINSHAW			
Wednesday 5 <sup>th</sup> April 1330 Liberian time 1430 UK time	<b>CB Dunbar Trainees</b> Emergency obstetric hysterectomy: <b>part 1</b>  INTERNATIONAL TUTOR IS DR KIM HINSHAW			
Week beginning 10 <sup>th</sup> April 2023	<b>Redemption Trainees</b>  Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns. This week <b>Lewis, Sonie and Wisdom</b> will present on the management of the following patient:  A patient presents from a 48 period of labour at home 6 hours drive from the hospital where she attends the emergency room. She is a primigrava, at 42 weeks gestation. She has a fever of 39 degrees C and is in early septic shock with a heart rate of 120 bpm, BP 80/50 mm Hg and CRT 4 seconds. The fetal heart rate is absent on doppler and on ultrasound scan. She says the baby stopped moving 10 days ago. How do you manage this patient who on examination has evidence of obstructed labour with cervical dilatation of 6cm and head 5/5. There is foul smelling meconium-stained liquor.  INTERNATIONAL TUTOR IS DR BRIGID HAYDEN  <b>CB Dunbar Trainees</b> <b>Koffa and Garmai</b> will present on the management of the same patient described above as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT			



Date of each training day	Audio visual training undertaken by:	Contents of training	Reference pages in handbook	Reference in E library videos and power-point presentations
Week beginning 17 <sup>th</sup> April 2023	<b>Redemption Trainees</b>	<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Esther and John</b> will present on the management of the following patient:</p> <p>A patient presents from a 48 period of labour at home 6 hours drive from the hospital where she attends the emergency room. She is a primigrava, at 42 weeks gestation. She has a fever of 39 degrees C and is in early septic shock with a heart rate of 120 bpm, BP 80/50 mm Hg and CRT 4 seconds. The fetal heart rate is absent on doppler and on ultrasound scan. She says the baby stopped moving 10 days ago. How do you manage this patient who on examination has evidence of obstructed labour with cervical dilatation of 6cm and head 5/5. There is foul smelling meconium-stained liquor.</p> <p>INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>CB Dunbar Trainees Rachel and Jestina</b> will present on the management of the same patient described above as undertaken at CB Dunbar Hospital. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 24 <sup>th</sup> April 2023	<b>Redemption Trainees</b>	<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Lewis, Sonie and Wisdom</b> will present on the management of the following patient:</p> <p>A 24 years old patient presents to the outreach obstetric clinician team in Sinoe with no symptoms at 32 weeks gestation. She is a Primagravida with no previous medical history. On examination in the outreach clinic there is a normal BP, normal sized uterus for 32 weeks but on ultrasound examination there is a complete placenta praevia covering the whole of the internal os. There has been no bleeding during the pregnancy. Please explain to the mother and to the midwives in the clinic your plan for managing this patient</p> <p>INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>CB Dunbar Trainees Koffa and Garmai</b> will present on the management of the same patient described above. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		
Week beginning 1 <sup>st</sup> May 2023	<b>Redemption Trainees</b>	<p>Interns to undergo presentations on Tuesday (Redemption) and Thursday (CB Dunbar) on specific subjects as if they were training junior staff on the wards. Each presentation to last 30 minutes including questions from international trainer and from colleague interns.</p> <p>This week <b>Esther and John</b> will present on the management of the following patient:</p> <p>A 24 years old patient presents to the outreach obstetric clinician team in Sinoe with no symptoms at 32 weeks gestation. She is a Primagravida with no previous medical history. On examination in the outreach clinic there is a normal BP, normal sized uterus for 32 weeks but on ultrasound examination there is a complete placenta praevia covering the whole of the internal os. There has been no bleeding during the pregnancy. Please explain to the mother and to the midwives in the clinic your plan for managing this patient</p> <p>INTERNATIONAL TUTOR IS DR BRIGID HAYDEN</p> <p><b>CB Dunbar Trainees Rachel and Jestina</b> will present on the management of the same patient described above. INTERNATIONAL TUTOR IS DR MAIRE CASEMENT</p>		

<b>Date of each training day</b>	<b>Audio visual training undertaken by:</b>	<b>Contents of training</b>	<b>Reference pages in handbook</b>	<b>Reference in E library videos and power-point presentations</b>
W/B 05.06.23:		Scenario presentations on: Ruptured Ectopic Pregnancy and Chorioamnionitis In Labour		
W/B 12.06.23:		Case presentations from trainees' recent experience		
W/B 19.06.23:		Scenario presentations on Sickle Cell Disease in Pregnancy		
W/B 26.06.23:		Scenario presentations on Malaria in Pregnancy		
W/B 03.07.23:		Scenario presentations on HIV in Pregnancy		
W.B 10.07.23:		Scenario presentations on TB in Pregnancy		
WB. 17.07.23:		Scenario presentations on Asthma in pregnancy		
WB. 24.07.23:		Scenario presentations on Management of the Unresponsive Pregnant Woman		
WB. 31.07.23:		Scenario presentations on Diabetes in Pregnancy		
		(Between 19.06.23 and 31.07.23 inclusive, detailed documents containing guidelines and research findings on each of the medical conditions covered were sent to the trainees prior to the teaching sessions).		
W/B 07.08.23		Four more scenario presentations on Diabetes in Pregnancy		
W/B 14.08.23:		Scenario presentations on Informed Consent in Pregnancy		
W/B 21.08.23:		Scenario presentations on Abdominal Pain in Pregnancy		
W/B 28.08.23:		Scenario presentations on Thyroid Disorders in Pregnancy		
W/B 04.09.23:		Scenario presentations on five clinical conditions previously covered (Final teaching session)		
		Monday 11.09.23 to Friday 22.09.23 inclusive: Revision Fortnight		
		W/B 25.09.23: Final examinations		